

# Eyelash Extension Aftercare

**To care for your lashes, be sure to follow these general guidelines:**

**In the first 24 hours after getting your lashes done:**

- Avoid having hot showers or baths, as the steam can breakdown your lash adhesive
- Avoid wearing eye makeup after your appointment

**Ongoing care tips:**

- Keep lashes clean and free of dust and debris
- Avoid oil-based skincare products, cleansers, and makeup removers as they cause the glue to breakdown faster – use only oil-free products
- Avoid oil-based eye makeup, particularly eyeliner. When removing eyeliner, use a cotton swab with oil-free makeup remover
- Use care when applying eye makeup
- Avoid applying additional mascara over your lash extensions, as this puts you at risk of losing lashes sooner than normal. Apply mascara will also clump the lashes together
- Do not use an eyelash curler
- Take additional care when washing your eye area; we recommend avoiding rubbing your eyes, and instead, use cotton pads or swabs to gently remove your makeup
- Avoid putting your face directly into the shower stream; the water pressure may result in damage to your lashes
- Sleep on your side or back and wear an eye mask with eye cavities to avoid pressing your lashes into the pillow

- Brush out your lashes with a mascara wand (provided by your lash technician) at least once a day in the morning, especially after getting them wet. Do this carefully without tugging your lashes
- Keep lashes away from direct heat such as ovens and blow dryers as they can cause your lash extensions to sizzle on the ends

## Lash Fills and Removal

- **If you come in for a fill please note that if more than 40% of the lashes are gone it will be considered a full set**
- Lash Fill should be done every 2-4 weeks depending on which style of lashes you have and the retention you keep
- The average person loses about 5 lashes per day naturally during a normal lash cycle so do not be alarmed as this is normal
- Please come in for removals, do not attempt to remove your lashes at home. It is a quick and painless procedure when done professionally and keep the integrity of your natural lash